

One day, a father was traveling in a train with his 12-year-old son. The boy was extremely mischievous! He wouldn't sit still even for a second. He kept standing up, sitting down, running around, pulling at people's bags, clothes, and newspapers, and making fun of and disturbing everyone in the compartment.

The passengers were getting irritated. Some glared angrily at the boy, while others gave harsh looks at the father.

But instead of scolding the boy or slapping him to make him sit quietly, the father kept saying:

"Calm down, Sadashiva... Calm down, Sadashiva..."

The boy didn't pay any attention and continued his mischief, disturbing everyone.

As soon as the train reached the station, the father held the boy's hand and got off.

Seeing this, another passenger came close and asked:

"Hey brother, even when your son was creating so much trouble, instead of disciplining him, you were saying 'Calm down, Sadashiva!' Did your son Sadashiva listen to you?"

The father replied:

"Who told you my son's name is Sadashiva?"

The man said:

"Then why were you saying 'Calm down, Sadashiva!"

The father smiled and said:

“I was saying ‘Calm down, Sadashiva’ to myself. I am Sadashiva! My son is not the type who listens to anyone. So, I was calming myself down by saying it.”
If others do not listen to us, isn’t it easier to change ourselves?
Hearing the father’s answer, the man felt it was absolutely true.

Moral:
Instead of trying to change others, it is more important to control ourselves and learn to stay calm and peaceful.