# No one notices the work of the person who works quietly!



✍️ **Shreevalli Rai Martell**

Once, the stomach, hands, legs, tongue, teeth, and eyes got into an argument. The others grumbled, "We do all the hard work, while the stomach just sits there and eats!"
The eyes said, "I search and locate fruits, vegetables, and tubers for eating."
The hands and legs said, "We work together to dig, climb, go to the forest, and bring them back."
The teeth and tongue said, "We grind them, taste them, add salt or mildness, and feed them into the mouth for the stomach. How comfortably the stomach eats without any shame!"
Thus, everyone joined together and mocked the stomach. Seeing their fight, the stomach felt deeply hurt. Thinking, "No one sees the work I do sitting inside, I'll teach them a lesson," the stomach went on a hunger strike. It declared, "I will no longer eat what you work hard to bring."
One day passed, then two days. By the fourth day, the eyes began to feel dizzy right where they were sitting. The hands couldn't even be lifted. The legs couldn't step forward, the tongue wouldn't turn, and the throat became completely dry.
That is when the hands, legs, and tongue realized that all this was happening because the stomach was fasting. They begged the stomach, saying, "Please end your strike, or we will die! We failed to realize the work you do silently. From tomorrow, we will listen to whatever you say. Please take a little food into your stomach, we have no strength left," and they fell at its feet.

Then the stomach said:  "Like the mother of a house, I was digesting what you brought and sending energy to your very roots. You did not realize this. Nobody recognizes the work of a person who works silently. This is the way of the world. At least from now on, do your respective jobs properly. Never say, 'Only I work, while they sit and eat.'"
From that day on, the hands, legs, tongue, and teeth quietly did their own work and remained strong and healthy.

Moral: The person who broadcasts their efforts to the whole village isn't the only one doing work. Many people work silently in the background without anyone noticing!