

Once upon a time, there lived a king in a village. In his palace, he had many wise ministers. The king had a special habit ,every day in the royal court, he would ask a new question.

One day the king asked:

“When do you experience the greatest happiness?”

The ministers answered one by one.

One said:

“If I have a lot of gold, that is happiness.”

Another said:

“If I have a big house, that is happiness.”

Another replied:

“If I get delicious food, that is happiness.”

The king listened to all their answers, but he was not satisfied.

Just then, a clever young man from the village stepped forward and said:

“Your Majesty, the greatest happiness is the relief one feels after urinating and feeling light in the stomach!”

The king was surprised.

“How is that?” he asked.

The young man replied,

“I will show you, Your Majesty — but you must follow my instructions.”

The king agreed.

The next day, the young man served everyone in the court coconut water, milk, buttermilk, and fruit juice, saying, “Drink as much as you want!” Everyone happily drank plenty.
Then the young man closed the doors of the hall and said, “No one should leave for a while.”
At first, everyone remained calm. But since they had drunk so much coconut water, milk, buttermilk, and juice, they soon began to feel the urge to urinate.
They all wanted to go outside.
They pleaded, “Please open the door!”
The young man said, “If you remain inside this hall until evening, we will give you as much wealth and land as you ask.”
But the people, suffering with full bladders, did not want wealth or land. All they wanted was to be allowed outside just once. Holding their stomachs in discomfort, they begged to be let out.
The young man called the king and said, “Your Majesty, look at their faces now. And then look again in a little while.”
After some time, he opened the doors.
Everyone rushed outside and returned feeling light and happy. Their faces shone with joy, as though they had won a kingdom.
“Oh! Now we feel so good! Such relief!” they exclaimed.
The king smiled.

The young man said,
“Your Majesty, without physical health and comfort, gold, houses, and food cannot give happiness.”
The king admired the young man’s wisdom and honored him.

Moral:
True happiness lies in good health and a peaceful, light mind. Money, gold, and big houses bring joy only when we are healthy.