Do Not Preach, Help If You Can



✍️ **Shreevalli Rai Martell**

Once, three chicks of a mother bird were swept away by the ocean's powerful waves and drowned. Heartbroken and helpless, the mother bird began carrying tiny drops of ocean water in her beak and flying far away to empty them.
Another bird saw her struggle and asked,
"What happened?" The mother bird replied,
"My three chicks drowned in this ocean. I am trying to empty the ocean water." Hearing this, the bird laughed and said,
"With your tiny beak, do you really think you can empty the ocean?" The mother bird calmly replied,
"Do not preach. If possible, please join me in this effort."
Touched by her determination, the bird joined her.
As more birds came across them, they too joined the mission of emptying the ocean. Soon, thousands of birds were carrying drops of water in their beaks.
At that time, Garuda, the divine vehicle of Lord Vishnu, saw this strange sight and asked one of the birds,
"What are all of you doing?" The bird replied,
"We are trying to empty the ocean to save the three chicks that drowned in it." Garuda also laughed at first and asked,
"Is it really possible to empty the ocean like this?" The bird answered, "Please do not advise us. If possible, join us."
Inspired by their unity and dedication, Garuda too joined the noble effort.

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Meanwhile, Lord Vishnu wanted to travel somewhere and started searching for Garuda. When he learned that Garuda was helping the birds empty the ocean, Lord Vishnu himself came there. Seeing the birds' effort, Lord Vishnu smiled and asked Garuda, "Is this really possible?"
Garuda replied, "Do not preach. If possible, please help."
Lord Vishnu then took a pot in his hand and also began removing water from the ocean. Seeing Lord Vishnu himself emptying the ocean, the King of the Ocean became frightened. He rushed to Lord Vishnu and asked,
"My Lord, have I done something wrong?"
Lord Vishnu replied, "The three chicks of this mother bird drowned in your waters. Bring them back immediately."
The King of the Ocean quickly brought back the three chicks safely and handed them over to their mother. The mother bird was overjoyed, and all the birds celebrated together.
Moral:
Whenever we try to do good work, many people may discourage or obstruct us. But if we continue with faith, unity, and dedication, help will come, and eventually we will achieve success.